

Westerville Surgical Specialists

Surgery Instructions

1. The surgery center will contact you 1 day prior to your procedure/surgery, by 3pm, to verify the time you need to arrive. Please make sure we have a valid contact number to reach you.
2. **DO NOT EAT OR DRINK ANYTHING AFTER 12PM MIDNIGHT, THE NIGHT BEFORE YOUR SURGERY.** This includes water, coffee, candy, gum, mints. You may take your medication with a few sips of water.
3. Do **NOT** smoke after midnight.
4. You may shower or bathe the night before or the morning of your procedure/surgery.
5. Wear loose fitting clothing.
6. Do **NOT** wear jewelry, makeup, nail polish, or hair pins.
7. Please bring your driver's license, insurance card and ALL necessary funds with you but leave all other valuables at home.
8. Bring a storage case for your glasses or contacts as they cannot be worn during the procedure.
9. If you have a Living Will or a Durable Power of Attorney, please bring a copy with you.
10. If you develop an illness such as a cold, sore throat, fever, or cough before your surgery, please notify your surgeon's office.
11. You **must** have a responsible adult to drive you home. **YOU MAY NOT TAKE A TAXI!**